Northern Plains Rural Surgical Society Annual Meeting

The Brown Palace
Denver, Colorado
Friday & Saturday
January 12-13, 2024

Northern Plains
RURAL SURGICAL SOCIETY

Faculty

Jude Barber, MD
University of North Dakota

Ryan Beard, MD
University of North Dakota

Shaye Brummet
University of South Dakota

Michael Burt, MD
University of South Dakota

Jeffrey Chipman, MD
University of Minnesota

Mary Fallat, MD
University of Louisville

Cindy Firkins Smith, MD
CentraCare, Minnesota

Bonnie Holley, MD
University of South Dakota

Samantha Leonard, MD
Essentia Health, MN

Daniel Margo, MD
Grand Rapids, Minnesota

Robyn Marks, DO
University of Minnesota

Addison Nakashima, MS4
Oklahoma State University

Muhamad H Nadeem, MD
Western Michigan University

Valerie Pendleton, DO
University of North Dakota

Katie Reigstad, MD
CentraCare, Minnesota

Jessica Schweigert, MD
Gundersen

Lauren Smithson, MD

Jacob Tupa, MS2
University of North Dakota

Sandeep Vijan, MD
Spanish Peaks

Rebekah Wood, MD
University of South Dakota

Estin Yang, MD
Oregon Health & Science

Joel Zimmerman, MS3
University of North Dakota

Program Committee

- Melissa Najarian, MD • Mel Johnson, MD • Tyler Goettl, MD

Northern Plains
RURAL SURGICAL SOCIETY

Northern Plains Rural Surgical Society
520 N.W. 1" Avenue, Suite S
Grand Rapids, Minnesota 55744

OFFICERS

Jeffrey Chipman, MD, President
Mel Johnson, MD, Vice President

Roy Tinguely, MD, Secretary/Treasurer
Robert Sticca, MD, Past President

Daniel Margo, MD, Founding President
Tyler Hughes, MD, Advisor

Tyler Goettl, MD, Advisor
Brittany Ernst, Administrator

Friday, January 12, 2023

3:00 p.m.   NPRSS Executive Committee Meeting

5:00 p.m.   Resident/Student Reception – Maggiano's (500 16th St.)

6:00 p.m.   Reception & Dinner (Attendees & Guests) – Maggiano's

7:30 p.m.   Globe Trotting and Specialty Swinging: Surgery
            from Newfoundland to the Scottish Highlands
            Lauren Smithson, MD, FRCSC, FACS

Saturday, January 13, 2024 -The Brown Palace

7:15 a.m.   Registration and Breakfast

Scientific Program - Morning Session - Moderator - Jeffrey Chipman, MD

8:00 a.m.   Welcome and Overview
            Jeffrey Chipman, MD, NPRSS President

8:15 a.m.   Debate: IPOM vs Laparoscopic Repair of Small Umbilical Hernias
            Robyn Marks, DO
            Valerie Pendleton, DO

8:55 a.m.   Rural Research Quick Shots
            Valerie Pendleton, DO
            Estin Yang, MD
            Jude Barber, MD

9:25 a.m.   Robert B. Rutherford, MD Lecture: How To Be A Hemodialysis Hero
            Katie Reigstad, MD

10:10 a.m. What's Between You and That Kid's
            Appendix
            Jonathan Kohler MD
            Mary Fallat, MD

10:40 a.m. The Efficacy and Value of Laparoscopic Common Bile Duct
            Exploration in a Rural Community
            Rebekah Wood, MD

11:00 a.m. Transcatheter aortic valve replacement is safe in socially
            vulnerable and rural populations
            Jacob Tupa, MS2

11:15 a.m. Lung cancer: Early routine screening will lead to improved
            treatment options and survival
            Jessica Schweigert, MD

11:30 a.m. ERAS Protocols in a Rural Setting
            Samantha Leonard-Nnomb, MD

11:50 a.m. Lunch - NPRSS Meeting

Scientific Program - Afternoon Session - Moderator - Robert Sticca, MD

1:00 p.m.   Rural Surgery ACS Update
            Mary Fallat, MD

1:30 p.m.   Robot Talk
            Sandeep Vijan, MD

2:00 p.m.   Pseudomyxoma peritonei Presenting as Epigastric Region Ventral
            Hernia: A Case Presentation
            Addison Nakashima, MS4

2:15 p.m.   ABX vs. none for Acute Diverticulitis
            Bonnie Holley, MD

2:30 p.m.   Skin Cancer Care: What the General Surgeon Needs To Know
            Cindy Firkins Smith, MD

3:00 p.m.   Break

3:15 p.m.   Debate: Firefly vs. Cholangiogram for Robotic Cholecystectomy
            Ryan Beard, MD
            Muhamad Hassan Nadeem, MD

3:45 p.m.   Rural Research Quick Shots
            Joel Zimmerman, MS3
            ~~*Michael Burt, MD*~~ *(withdrawn)*

4:00 p.m.   Mesenteric Ischemia
            Bonnie Holley, MD

4:15 p.m.   Incidental Findings in Appendectomy
            Kris Johnson, MD

4:30 p.m.   How I do it? (A facilitated discussion)
            Daniel Margo, MD

4:45 p.m.   Adjourn - Prepare for Banquet

6:30 p.m.   Cocktail Reception (meeting attendees and guests)

7:00 p.m.   Dinner

8:00 p.m.   Closing Remarks

No conflicts of interest have been disclosed by speakers or program planners